

# Concept2 BikeErg + PM5

The flywheel uses air resistance for the most natural feeling possible. The damper acts like a derailleur, allowing you to adjust the resistance. Unlike most stationary bikes, the BikeErg has a freewheel, so like a normal bike, the pedals remain stationary when you stop pedalling, while the flywheel continues to spin.

The powerful Performance Monitor connects via Bluetooth to a wide range of apps, including our own free app ErgData or third-party apps such as Zwift. The BikeErg comes with an integrated device holder that lets you keep your smartphone or tablet securely in place. The device holder fits everything from small smartphones to large tablets and is easily and quickly adjustable. The device holder can be removed, moving the Performance Monitor to the end of the handlebar rail.



## SPECIFICATIONS

Width	24 in (61 cm)
Machine Weight	68 lb (31 kg)
Monitor	PM5
Overall Length	48 in (122 cm)
Seat Height	Seat to Pedal range (approximately): 31–40.5 in (79–103 cm)
Shipping Dimensions	One box: 15 in x 26 in x 48 in (38 cm x 66 cm x 122 cm)
Maximum User Weight	350 lb (159 kg)