

Toorx Suspension Trainer FST Double

This set is ideal for suspension training. Suspension training is an approach to strength training where the user uses a system of robes and webbing to allow the user to work against his own body weight.



Specifications

- Features:
- Includes security lock to ensure your safety
 - Includes two separate rotatable levers
 - Storage bag included
 - Includes musket hooks
 - Includes markers for the correct height for each user
 - Including rings

Weight 1,4 kg

Maximum user Weight 120 kg