

Multi Gym Finnlo Autark 1500

The AUTARK 1500 multi gym ensures professional entry-level strength training.

Butterflies, lat pulldown and rowing exercises are possible with this machine as well as numerous crunches and cable variants.

Unlike other multi gyms the AUTARK 1500 is a professional device for comprehensive leg muscle training including squats and leg curls. In addition, a triceps rope is integrated, so you can train more effectively.

The same applies to the butterfly lever arm, whose angle is adjustable in 5 positions and this allows variations.



SPECIFICATIONS

Weight blok	80 kg (16 plates of 5 kg)
Max. Resistance	90 kg (upgradable with additional weights)
Training possibilities	butterfly, bench press, lat, leg curl, arm curl, rowing, triceps/ -drag, leg raises, abdominal training

Measurements

Dimensions (LxWxH)	165 x 145 x 215 cm
Weight	205 kg
Max. user weight	120 kg