

Body Solid Cable Cross GDCC210

The Body-Solid GDCC210 compact cable crossover is a versatile and multifunctional training center with a revolutionary space-saving design. It is the ideal device for individual rehabilitation or fitness sessions. Beginners and advanced users will be enthusiastic about the user-friendliness and versatility of this device.

From cable crossovers and pressing exercises to chin-ups, leg curls, and everything in between, the Body-Solid GDCC210 compact cable crossover is the device to enhance your core strength, overall strength, and endurance, among other benefits.



SPECIFICATIONS

Maximum load
Adjustable Weight
Dimensions

DETAILS

450kg
224kg
162.5(L) x 96.5(B) x 212(H) cm
Including handles and levers, suitable for intensive use
20 independent horizontal adjustment options
Including chin-up option with multiple grip options