

# Gymball Blue 75 cm

The Tunturi Gymbal 75 cm blue is suitable for those who want to work on their stability and strength.

Numerous exercises for the entire body, such as back or pelvic training, can be performed with the gym ball.

Exercise ball treatments are part of a wide range of forms of therapy such as back exercises, occupational therapy, physical therapy, obstetrics and senior gymnastics



## SPECIFICATIONS

Diameter

75 cm