

Multi Bench Body Solid Incline Decline SFID325

Body-Solid's SFID325 Flat/Incline/Decline bench is designed to meet any facility's requirements without breaking the bank. Utility benches are a critical part of any facility. The SFID325 is an affordable quality bench. The unit adjusts from decline to flat to several incline positions. The back pad and seat pad adjust individually of each other.

The SFID325 has a tested weight capacity of over 1000 pounds with its 2"x3", eleven-gauge steel. Thick durable upholstery holds up in any setting. Oversized wheels with a front transport handle make the SFID325 very easy to move. The perfect match for dumbbell workouts, smith machines, squat racks and power racks, the SFID325 is an essential bench for any facility.



SPECIFICATIONS

Weight	33.3 kg
Dimensions insulated	64 cm W x 144 cm L x 45 cm H
Height to cushions in bright position	45 cm
Deviation in back cushion	23.8 cm to 30 cm at the seat
Features	
• Solid steel 5 cm x 7.5 cm base frame	
• Independently adjustable back and seat cushions	
• Tested up to 450 kg	
• Thick, durable upholstery	
• Transport wheels for mobile movement	
• Back seat is adjustable from flat, incline (15, 30, 45, 60 and 80 degrees) to decay (-18 degrees)	
• Seat is adjustable from flat to 10 of 18 degrees	