

Multi Gym Body Solid G6B

The Bi-Angular press arms of the G6B guide you through the optimal natural range-of-motion while applying resistance from two directions simulaneously.

This smooth, fluid, multi-directional resistance system automatically produces 25% more muscle interaction by eliminating the ability to rest your chest muscles. Thus, you increase the exercise intensity through a full range of safe, convergent, multi-joint, multi-plane movement patterns.



Specifications

Details

Features:

- 2" x 3", 11-gauge mainframe construction
- 95kg selectorized weight stack, optional 118kg weight stack available
- Total Body WorkoutTM DVD and Full size exercise chart
- Water bottle and towel holder

Dimensions:

Floor Space With Leg Press WorkingArea Weight 215 x 127 x 215 cm 215cm x 208cm x 212cm 215cm x 213cm x 212cm 263 kg