

Body Solid GDCC210- Functional Trainer - Multi Gym

This dual independent weight stack system provides dedicated resistance with true isolateral movements.

Core stability training can lead to improved balance, coordination and stability. By efficiently working your body's stabilizer muscles through a limitless number of exercises, the GDCCC210 Functional Training Center offers strength-building results to users of all sizes.

From cable crossovers and shoulder presses to pull-ups, leg kickbacks and everything in between, make a motion to improve your core, build your strength and increase your endurance with the Body-Solid GDCC210.



SPECIFICATIONS

Size	L 184 x W 107 x H 213 cm
Color	Grey
Weight	233.6 kg