

Body Solid Utility Bench GFID71

Body Solid Utility bench is the cornerstone of any gym, a good adjustable training without a doubt. The back cushion and seat cushion can be adjusted into eight different positions to bring your body into the right position during each exercise. The conveniently placed transport wheels make the GFID71 easy to place in any power rack or smith machine.



Specifications

- Fully professional with a maximum load of 450 kg
- Easily and extremely securely adjust the seat via the ladder system
- 7 cm thick DuraFirm TM cover that will not wearout
- Including
- foot rollers for extra comfort and stability
- Including transport wheels for easy transport
- Dimensions: 48 cm H x 175 cm L x 70 cm W
- Different
- positions of the bank in degrees : incline : 85, 60, 45, 30, flat and 20